

## **How to design materials for inhalation devices to be more sustainable?**

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### Introduction

Today, one unpleasant effect of the wide use of plastics is the increase in waste leading to marine littering, micro-plastics... Although the Healthcare market is a minor contributor, first steps can be taken. Medical devices producers take actions to develop more sustainable solutions. What are benefits of using a bio-based material rather than fossil-fuel based plastics? What are the current solutions offered to reduce the carbon footprint of your pulmonary and nasal drug delivery devices?

### **I / Carbon footprint reduction**

Carbon footprint reduction can be achieved by using biobased polymers from renewable feedstock. These resins are displayed to consume CO<sub>2</sub> and not generate CO<sub>2</sub> (defined until the factory gate).

### **II/ Weight reduction via chemical foaming agents**

Chemical foaming agents are substances which are activated at typical thermoplastic polymer processing temperatures, generating a foamed structure. A weight reduction of 20% can be achieved in parts with wall thicknesses of 2 mm.

### **III/ Outlook for “greener” inhalers**

It is possible to design material solutions in compounded form where the fossil fuel-based content is reduced to approximately 50%. Thus, carbon footprint is reduced by modifying these resins with a combination of raw materials such as: non fossil fuel-based resins/additives, natural and synthetic mineral fillers.

### Conclusion

Healthcare plastic waste is less significant, but it cannot be ignored. Solutions exist to make your devices 'greener': from designing devices using bio-based polymers or chemical foaming agents for light weighting to designing materials where fossil fuel-based content is reduced. With these possibilities you can make inhalation devices more sustainable!